



2019

WESTERN INTER COLLEGIATE ROWING  
CHAMPIONSHIPS

SATURDAY, APRIL 26-28

LAKE NATOMA – GOLD RIVER, CA

HOSTED BY:

THE SACRAMENTO STATE AQUATIC CENTER

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## TABLE OF CONTENTS

<b>REGATTA INTRODUCTION</b> .....	<b>1</b>
REGATTA PERSONNEL.....	1
<i>Sac State Aquatic Center Personnel</i> .....	1
<i>WIRA Board of stewards</i> .....	1
DIRECTIONS.....	2
PARKING AND DROP OFF.....	2
<i>Trailer Parking</i> .....	2
<i>Athlete Drop Off</i> .....	2
<i>Event Parking</i> .....	2
TRAILERS, STORAGE, TENTS AND RIGGING.....	2
EVENTS.....	3
REGATTA SCHEDULE.....	3
REGATTA FORMAT.....	3
DEFINITIONS.....	3
RESPONSIBILITIES.....	4
<b>PRE-REGATTA INFORMATION</b> .....	<b>4</b>
ELIGIBILITY.....	4
DUES.....	5
ENTRY FEES.....	5
ENTRIES.....	5
MULTIPLE ENTRIES.....	6
ENTRIES TO WOMEN’S D1/OPEN EVENT.....	6
ENTRY DEADLINE.....	6
EVENT VIABILITY.....	6
ATHLETE DOUBLING.....	6
SEEDING.....	6
SCRATCH FEES.....	7
<b>REGATTA OPERATIONS</b> .....	<b>7</b>
ROWER WEIGH –INS.....	7
COXWAIN WEIGH - INS.....	7
PROGRESSION SYSTEM.....	7
RACING FOR SHIRTS.....	8
<b>AWARDS</b> .....	<b>8</b>
ALL – WIRA TEAMS.....	8
COACHES OF THE YEAR.....	9
POINT SYSTEM.....	10

Appendix A Regatta Draft Schedule

Appendix B Course Traffic Pattern

Appendix C WIRA Eligibility Form

Appendix D WIRA Constitution

Appendix E Regatta Parking and Directions

Appendix F Event Overview Map

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SAC STATE AQUATIC CENTER PERSONNEL

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WIRA BOARD OF STEWARDS

Sam Taylor, President, Varsity Men's Steward: [samt@lclark.edu](mailto:samt@lclark.edu)

John Fuchs, At-Large Steward: [John.Fuchs@wwu.edu](mailto:John.Fuchs@wwu.edu)

Mike Homes, Club Women's Steward: [Mike.Homes@recreation.ucsb.edu](mailto:Mike.Homes@recreation.ucsb.edu)

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Mike Connors, Treasure, and Division I Women's Steward: [connors@csus.edu](mailto:connors@csus.edu)

Leslie Walker, Club Men's Steward:

Jay Farwell, At-Large Men's Steward: [jfarwell@scu.edu](mailto:jfarwell@scu.edu)

## DIRECTIONS

Directions to the Sacramento State Aquatic Center at Lake Natoma can be found in Appendix B.

### Sacramento State Aquatic Center – Lake Natoma Address

1901 Hazel Ave

Gold River, CA 95670

916.278.2842

## PARKING AND DROP OFF

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### TRAILER PARKING

- Trailers and Tow Rigs are required to obtain a Tow Rig parking pass from the Sacramento State Aquatic Center
- Trailers are allowed into the Nimbus Flat State Park after 12 p.m. on Thursday, April 29th.
- Trailers CANNOT be unloaded until Friday, April 26<sup>th</sup> after 7 a.m.

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### ATHLETE DROP OFF

- ONLY Athlete Buses have guaranteed access to the State Park during the championships with parking passes. Bus Parking Passes must be purchased from the Sac State Aquatic Center for a fee of \$100/ Bus/ Day.
- Athlete vans will be allowed into the State Park on a first come first serve basis. Parking is NOT guaranteed, once the park fills up Athletes can be dropped off at the entrance to the State Parks and then must park in the EVENT parking lot.
- Parking passes ( \$10/day) can be pre-purchased at The Sacramento State Aquatic Center and will be honored in EVENT Parking

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### EVENT PARKING

- Friday Parking will be at the Alternative parking site known as the Mine Shaft
- Saturday and Sunday parking will be in the Gold Point/ All-Net parking Lot
- Parking is \$10.00/ car and is **CASH ONLY**. A free shuttle will pick up at the Hartford and Health Net Buildings and will drop off in the State Park at the Finish line Tent. The shuttle buses will run all day until 30 minutes after the last race. The shuttle does NOT pick up at the fish hatchery. State Park passes will be honored at Event parking.

## TRAILERS, STORAGE, TENTS AND RIGGING

Each team is able to rent a tent along the finish line area. Each team tent will be labeled with the team name. Each tent receives 20 chairs and 2 tables, please keep your chairs and table with your tent. We also ask that everything you bring into the park, you take out when you leave.

***There are no private shade tents allowed along the finish line or in the boat storage area.***

## EVENTS

### Men's:

- Varsity Eight
- Lightweight Eight
- Second Varsity Eight
- Varsity Four
- Lightweight Four
- Novice Eight
- Second Novice Eight
- Novice Four
- Novice Lightweight Four
- Pair
- Double

### Women's:

- Varsity Eight, D1 / Open
- Varsity Eight, D2, D3, Club
- Lightweight Eight
- Second Varsity Eight D1/ Open
- Second Varsity Eight, D2, D3, Club
- Varsity Four, D1/Open
- Varsity Four, D2,D3,Club
- Lightweight Four,
- Novice Eight
- Second Novice Eight
- Novice Four
- Novice Lightweight Four
- Pair
- Double

## REGATTA SCHEDULE

(See Appendix A)

Finals will utilize 10 minute centers.

## REGATTA FORMAT

The order of events will be published as part of these bylaws. No changes to this schedule will occur without the approval of the Board of Stewards. The schedule will not be adjusted to accommodate equipment sharing or any special requests. Races will not be delayed in order to accommodate equipment sharing. No special consideration will be given to a crew that is late to the start because of equipment sharing or athlete doubling. Please remember that the regatta may fall off schedule because of a legitimate equipment breakage, false starts, re-starting a race due to interference, inclement weather, medical emergency, or other similar causes. Nevertheless, crews will still be held responsible for making it to their start on time regardless of equipment sharing or athlete doubling. (e.g. It is not an acceptable excuse to be late for a start because a boat being used by more than one crew was involved in a previous race that had two false starts.)

## DEFINITIONS

- a) A novice is any student-athlete who is in their first year of collegiate competition. Participation in any competition during the spring season, including scrimmages and joint practices, constitutes the use of a person's novice year. A rower who has previously competed only as a coxswain can compete as a novice rower. A coxswain who has previously competed only as a rower can compete as a novice coxswain.
- b) Any athlete may participate in a varsity category event. An athlete may not participate in both the varsity eight and second varsity eight, or in the novice eight and second novice eight.
- c) Male lightweight rowers may not exceed 160 pounds, no averaging. Female lightweight rowers may not exceed 130 pounds, no averaging

- d) Coxswains for men's crews must weigh at least 125 pounds. Coxswains for women's crews must weigh at least 110 pounds. e.) In order to enter a second varsity eight, an institution must enter the corresponding varsity eight event.

## RESPONSIBILITIES

The Western Intercollegiate Rowing Association, through the Board of Stewards, has the ultimate control over all aspects of the WIRA Championship. WIRA bylaws will be reviewed and amended each year by the 7 WIRA Stewards to ensure that this document is relevant to the ongoing needs of the regatta. The California State University, Sacramento Aquatic Center serves as the host venue and local organizing committee (LOC) for the WIRA Championship. The Aquatic Center will provide all the logistics for running the regatta both on and off the water. The US Rowing Chief Referee shall appoint a jury of licensed US Rowing officials comprised of three members, including the Chief Referee as President. The jury will decide all issues related to the rules of rowing. Members of the WIRA Board of Stewards, WIRA coaches, and members of the local organizing committee (LOC) are explicitly excluded from participating as jury members. A Regatta Management Committee will decide all issues other than those that fall under the purview of the Chief Referee. The voting members of the Regatta Management Committee are the seven WIRA stewards. The head of the local organizing committee (LOC) and the Chief Referee may be requested to provide additional input when the Regatta management committee is in deliberation, but are not eligible to vote.

## PRE-REGATTA INFORMATION

### ELIGIBILITY

The intent of the Eligibility rule is to ensure that all student-athletes who compete at the WIRA championships are full time, degree-seeking students who are in good standing at their institution. The standard we use to determine eligibility is the student-athletes' ability to participate in varsity athletics, or to meet the same approximate standard if a member of a club team.

Athletes who are part of a varsity status men's or women's rowing team must meet the NCAA eligibility standards that are applicable to that institution. Coaches may submit a NCAA certification of eligibility form signed by the appropriate administrator as acceptable documentation.

Athletes who are part of a club status men's or women's rowing team must submit an eligibility roster, signed by both the Head Coach and an appropriate institutional officer (i.e. registrar), certifying that the athletes on the team meet the basic academic standards required for participation in varsity athletics at that institution. At a minimum this would include;

- a) The athlete must be enrolled as a full-time student in a degree-seeking program at the certifying institution. (12 units or the institutional equivalent.) The only exception are students in their final term who may take less than a full-time load if it is sufficient to complete their degree during that term.
- b) The athlete must be in good academic standing as defined by that institution. If the athlete is on some form of standing or probation that would prohibit their ability to participate in varsity athletics, they may not participate in WIRA.
- c) The athlete may only compete for a maximum of four seasons. Participation in any competition, including fall races and scrimmages and joint practices at any time of year, constitutes the use of

a season of competition. Although fall competition does not constitute the use of novice eligibility, it does count as a season of competition.

- d) The athlete must conform to the five-year rule. All seasons of competition must be completed within five years from the time the athlete first started classes as a fulltime student at any two year or four year collegiate institution. The five-year time period begins whether or not the student participates in any sport. Division II and III club programs may utilize the ten-semester rule.

Any athlete who wishes to compete in the WIRA regatta and does not clearly meet these guidelines must appeal their situation in writing to the board of stewards no later than two weeks prior to the start of the regatta. The appeal should include a full description of their circumstances as well as the support of their program's Head Coach. The stewards will consider all appeals, using the standard of "would this student-athlete be able to participate in varsity athletics at their institution," and rule no later than one week prior to the race.

Each program must submit the lineups on Regatta Central prior to the Friday night meeting. Lineups will be compared to the certified eligibility rosters. Athletes may be substituted between entered crews after the Friday meeting but before the event, but all athletes who race at the WIRA championships must appear on their programs' certified eligibility roster and must be eligible for their event (e.g., novices in novice events).

A crew's lineup may not be altered between the heat and final of an event. In the case of a medical issue serious enough to preclude the competitor from participating in a final the WIRA stewards will hear petitions for substitution requests. Substitution requests must be accompanied by documentation from an MD or ATC. Eligibility must be fully documented for any replacement competitor.

If a program is found to have raced an ineligible athlete, either during or after the regatta, they will be disqualified from any event that athlete is scheduled to participate in, or will forfeit any results earned if the discovery is made after the regatta. The board of stewards will review the situation and may apply additional penalties to the program if warranted, including but not limited to exclusion of the entire program, loss of WIRA membership, and/or exclusion from future WIRA Regattas.

## DUES

All WIRA Member programs must be current on dues payments to be considered in good standing. Dues for 2018-2019 will be \$100 per gender program.

## ENTRY FEES

The entry fee for 2016 is as follows:

Pairs/Doubles - \$75

Fours - \$130

Eights - \$200

## ENTRIES



WIRA Member programs in good standing may enter as many events as desired. Non-WIRA member entries must be submitted to the board of stewards for consideration; if they are felt to enhance the racing for the membership at the regatta and do not preclude racing by any member program they will be allowed. Non-member programs will pay double entry fees (e.g., \$400 for an eight) but do not have to pay dues.

#### MULTIPLE ENTRIES

Generally, institutions may only enter one crew per event. The board of stewards will determine whether or not an institution is allowed to enter a “B” entry on a case-by-case basis. The stewards may elect to decline a “B” entry if it creates an additional heat. “B” entries are only allowed in the following events (for both men and women): JV8+, V4 (both D1 and DII/DIII/C for women), Itwt8+, ItwtN4+, and 2N8+. “B” entries are eligible for medals but will not score towards the team point trophies.

#### ENTRIES TO WOMEN’S D1/OPEN EVENT

In order to enter the Women’s D1/Open 2V8 a program must have an entry in the Women’s D1/Open Varsity 8. In order to enter the Women’s D1/Open Varsity 4 a program must have an entry in the Women’s D1/Open Varsity 8 and 2V8. If a program has fewer than 18 student athletes they may petition the stewards for entry in the Women’s D1/Open Varsity 4 so long as they have an entry in the Women’s D1/Open Varsity 8.

#### ENTRY DEADLINE

The deadline for both entry fees and race entry forms for the 2016 WIRA Championship is Saturday April 27<sup>th</sup>, 2019 , 12:00 am PST. All entries must be submitted via Regatta Central. There will be no exceptions made and no late entries will be accepted. No phone entries will be accepted. Changes to entries can be made before the entry deadline. No changes to entries will be accepted by phone. After the entry deadline there will be no additional entries accepted unless an event is cancelled due to insufficient entries.

#### EVENT VIABILITY

Events with fewer than four entries at the entry deadline may be cancelled, at the discretion of the WIRA board of Stewards.

Events that fall under 4 entries due to scratches after the entry deadline may be run at the discretion of the WIRA Board of Stewards, or risk being eliminated from the regatta schedule.

Crews that are entered into an event that is cancelled will be notified and alternative entries will be considered.

#### ATHLETE DOUBLING

For 2016 athletes (rowers and coxswains) may participate in a maximum of TWO events. There are no exceptions to this rule.

#### SEEDING

The Board of Stewards or their designee will seed all eight oared events, and the Women’s D1 Varsity 4. Provisional seeding will be released on the Tuesday prior to the regatta. Coaches will have a limited

window to give the stewards feedback on provisional seeding. The deadline for feedback is by 1:00 PM the Wednesday prior to the regatta. The stewards will then publish final seeding by 8:00 pm the Wednesday prior to the regatta.

## SCRATCH FEES

A \$100 scratch fee must accompany each scratch. Failure to properly scratch an entry may result in the exclusion of a program's crews from the regatta.

## REGATTA OPERATIONS

### ROWER WEIGH -INS

- Athlete weigh-ins will be held Friday afternoon at 3pm and will conclude at 7pm for all lightweight racing being conducted Saturday, and 3-5pm on Saturday for all lightweight races being conducted on Sunday, including finals for those athletes who successfully weighed in Saturday.
- Lightweight athletes must weigh at or below the maximum weight allowed for their appropriate weight class within one hour of first attempt, utilizing at most 3 total attempts. Athletes will be allowed the 2 additional attempts after the initial attempt only if they are at or below: 132.0 for women, 162.0 for men.
- Athletes who do not make weight within the allotted time frame will be excluded from participating in that event.
- Saturday morning weigh-in is an option for Saturday racing, but ONLY with a petition to the stewards that has been approved in advance.

### COXWAIN WEIGH - INS

Coxswains must adhere to the USRA weigh-in window (no more than 2 hours, no less than one hour) before the first race each day in which they compete. Coxswains who miss the weigh-in window may cause their crew to be excluded. Coxswains do not have to weigh in for a 2nd race on the same day, but must carry their weight for all races.

### PROGRESSION SYSTEM

**Events with seven or fewer crews** will be held with a final only format.

**Events with eight to fourteen crews** will be held with two qualifying heats. The first, second, and third place crews in each heat will advance to the final, all other crews will advance to the petite or 3rd final.

**Events with fifteen to twenty-one crews** will be held with three qualifying heats. The first and second place crews in each heat will advance to the final, the third and fourth place crews will advance to the petite final, and the 5th and 6th place crews will advance to the 3rd final. Any 7th place crews will be eliminated (i.e., no 4th finals will be run).

**Events that have 22 to 28 entries will go to 4 heats**, with the top 3 qualifiers from each heat advancing to one of 2 semifinals, with all other crews being eliminated. The top 3 qualifiers from each semifinal will advance to the grand final, with all other crews being eliminated. In the interest of expediency, no petite or 3rd finals will be conducted in this format.

**For all progressions**, 3rd finals will be run on a 'space available' basis, with priority going to events with higher points values or higher subscription at the discretion of the stewards.

**Lane assignments** In all events, heat winners will be randomly assigned to lanes 1 and 2 (8- 14 entries) or lanes 1, 2 and 3 (15-21 entries). 2nd place finishers will be randomly assigned to lanes 3 and 4 (8-14 entries) or 4, 5, and 6 (15-21 entries). 3rd place finishers will be assigned to lanes 5 and 6 (8-14 entries)

**“Stacked Heat” Rule**, In NON SEEDED EVENTS ONLY, a crew that finishes one place out of advancing (e.g., 3rd in a top two boats to final heat), but achieves a time that is faster than the WINNING crews from ALL OTHER HEATS, may by the discretion of the board of stewards be advanced to Lane 7 of the Grand Final. The stewards may elect not to use this rule in the event of a dead heat or protest in any heat that leads to the referees considering the use of lane 7 as a remedy.

**Participation in the appropriate level of final (grand, petite, or third) is required. Failure to participate in a petite or third level final may result in the program’s crews being excluded from the regatta.**

## RACING FOR SHIRTS

All competitors in men’s events are expected to race for shirts. The overall event winner will collect shirts from all other crews entered in the event. Failure to provide shirts to the winner of that event may result in hold of entries at the following WIRA regatta. Competitors in women’s events may race for shirts on an ad hoc basis.

## AWARDS

An awards presentation will follow the conclusion of each finals event and medals will be handed out on the water. Medalist crews will be informed on the water and marshaled into an awards area to receive their medals from their coach. Crews that wish to take additional pictures, or get photo opportunities with the other medaling crews may use the awards stage that will be set up as in years past. Gold, silver, and bronze medals will be awarded in all events. Winning crews will have the right to order a WIRA Champion banner at their own cost. The stewards will have a vendor set up with the banner information and provide details in the regatta packet.

## ALL – WIRA TEAMS

Balloting for the All-WIRA teams will be conducted immediately after the final race of the regatta at the finish line tent for the following honors:

### **All WIRA First Team-Men (6 total)**

Two athletes from each boat from the top 3 placing crews in the following events selected by their respective coaches

- Men’s Varsity 8

### **All WIRA First Team-Women (12 total)**

Two athletes from each boat from the top 3 placing crews in the following events selected by their respective coaches

- Women’s Varsity 8
- Women’s Varsity 8-Division II/III/Club

### **All WIRA Second Team-Men (12 Total)**

One athlete from each boat from the top 3 placing crews selected by their respective coaches

- Men's 2V8
- Men's Lightweight 8
- Men's 4
- Men's Light 4

### **All WIRA Second Team-Women (15 Total)**

One athlete from each boat from the top 3 placing crews selected by their respective coaches

- Women's 2V8
- Women's 2V8 – Division II/III/Club
- Women's 4
- Women's 4 – Division II/III/Club
- Women's Light 4

### **COACHES OF THE YEAR**

One coach of a men's rowing team and a coach of a women's rowing team will be selected by the WIRA head coaches. Head coaches of a men's rowing team may vote for the men's rowing team coach of the year. Head coaches of a women's rowing team may vote for the women's rowing team coach of the year. Each coach may vote however they wish. Recommended criteria to consider include the performance of the coach's crews at the WIRA Championship, the improvement that a program has made under the coach's guidance, and any hardships that the coach's program has had to overcome.

**Revised 2/18/2013**

## POINTS SYSTEM FOR CUMULATIVE POINTS TROPHY AND EFFICIENCY TROPHY

Boat class	1st	2nd	3rd	4th	5th	6th	7th
Varsity 8	100	94	90	87	85	83	81
2nd Varsity 8	86	84	82	80	78	76	74
Varsity 4	86	84	82	80	78	76	74
Novice 8	80	74	68	64	62	60	58
Lightweight 8	60	54	48	44	40	36	32
Lightweight 4	40	38	36	32	28	24	20
Novice 4	40	36	32	28	24	20	20
2nd Novice 8	40	36	32	28	24	20	16
Novice Light 4	24	20	16	12	8	4	4
Pair & Double	24	20	16	12	8	4	4

*DI/Open and DII, III,  
and Club events are  
scored equally.*

**CUMULATIVE  
TROPHY**

Goes to the team  
with the greatest  
number of points  
No minimum number of  
entries

No minimum number of athletes

**EFFICIENCY TROPHY**

Minimum of 13  
athletes  
participating  
(including  
coxswains)

Minimum appearance in  
the top 7 in at least 2  
races (either in grand final  
or as winner of a petite  
final)

Efficiency trophy goes to the team with the greatest *efficiency  
percentage*

*Efficiency Percentage = total actual points divided by the total possible points.  
(Total possible points would be first place finishes for all boats entered)*

**POINT DISTRIBUTION**

If an event has less  
than 7 entries, point  
values awarded will  
be shifted to the  
right on the grid  
such that  
The last place boat will  
receive 7th place points,  
and preceding finishers  
will receive 6th, 5th, 4th  
place points, etc.

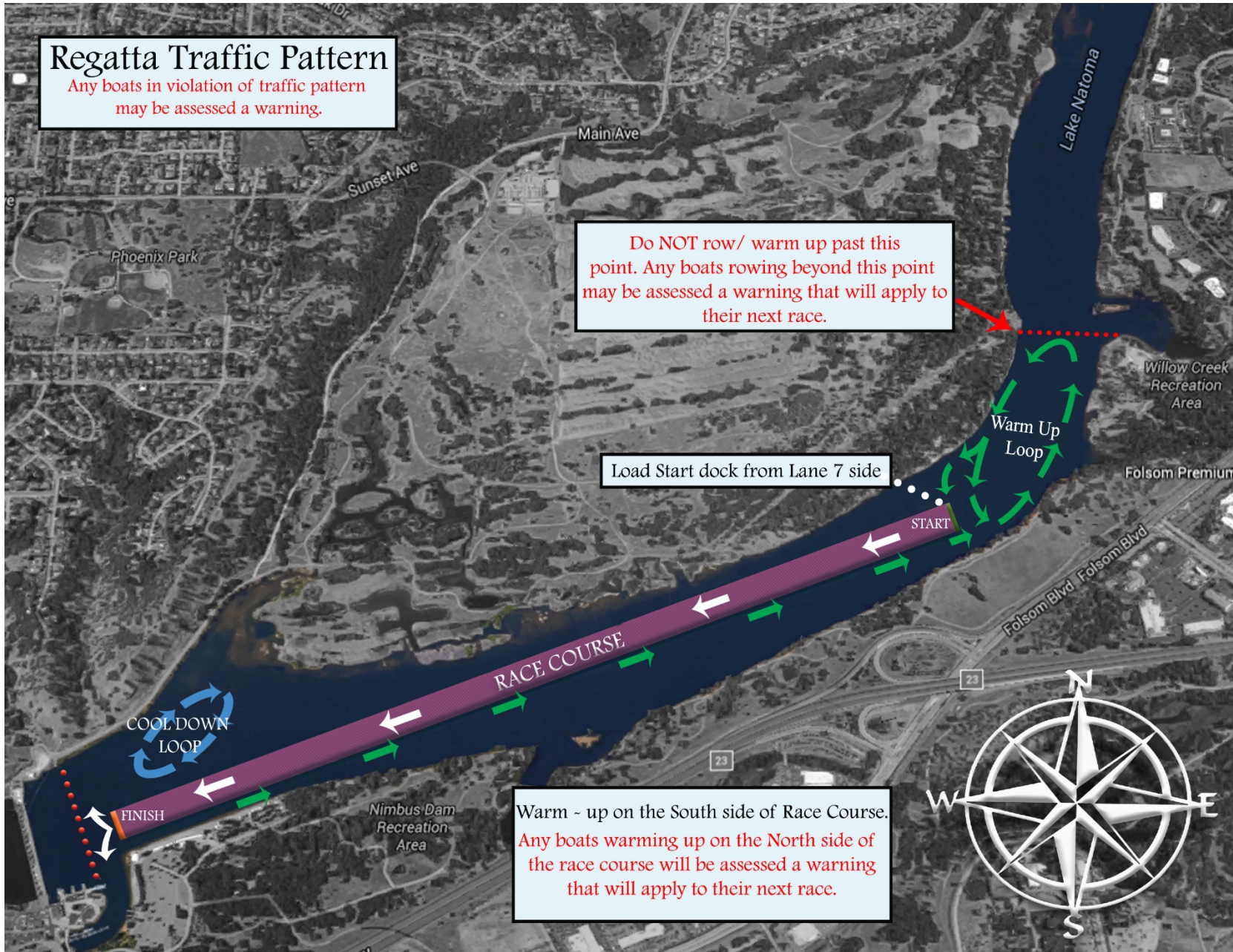
e.g., a 5 crew boat race would score as: 1st place-3rd place points; 2nd place-4th place points, etc. until the 5th (last) boat received 7th place points. The corresponding MAX possible for the event is shifted as well.

**THERE ARE FOUR SEPARATE POINTS TROPHIES**

- 1) Cumulative for women
- 2) Cumulative for men
- 3) Efficiency for women
- 4) Efficiency for men

APPENDIX A REGATTA DRAFT SCHEDULE

TIME	EVENT		ONE	TWO	THREE	FOUR	FIVE	SIX	SEVEN
8:00	Women's Novice Lightweight Four	Final							
8:10	Men's Novice Lightweight Four	Final							
8:20	Women's Novice Four	Final							
8:30	Men's Novice Four	Final							
8:40	Women's Double	Final							
8:50	Men's Double	Final							
9:00	Women's Pair	Final							
9:10	Men's Pair	Final							
9:20	Men's Second Novice Eight	Final							
9:30	Women's Second Novice Eight	Final							
9:40	Men's Lightweight Four	Final							
9:50	Women's Lightweight Four	Final							
10:00	Women's Varsity Four D2/D3/Club	Final							
10:10	Women's Varsity Four D1/Open	Final							
10:20	Men's Varsity Four	Final							
10:30	Women's Novice Eight	Final							
10:40	Men's Novice Eight	Final							
10:50	Women's JV Eight-D2/D3/Club	Petite							
11:00	Women's JV Eight-D2/D3/Club	Final							
11:10	Men's JV Eight	Petite							
11:20	Men's JV Eight	Final							
11:30	Women's JV Eight-D1/Open	Petite							
11:40	Women's JV Eight-D1/Open	Final							
11:50	Men's Lightweight Eight	Final							
12:00	Women's Lightweight Eight	Final							
12:10	Women's Varsity Eight-D2/D3/Club	Petite							
12:20	Women's Varsity Eight-D2/D3/Club	Final							
12:30	Men's Varsity Eight	Petite							
12:40	Men's Varsity Eight	Final							
12:50	Women's Varsity Eight-D1/Open	Petite							
1:00	Women's Varsity Eight-D1/Open	Final							
<p><b>REMINDER:</b> Each program must submit the lineups for all of their crews at the Friday night meeting. Lineups will be compared to the certified eligibility rosters.</p> <p><b>FRIDAY, April 29 5:00PM:</b> WIRA Coaches Meeting @ the Finish Line tents; opportunity to voice WIRA concerns, raise issues related to regatta, and elect Stewards for Following Year</p> <p><b>FRIDAY, April 29 6:00PM:</b> OFFICIAL WIRA REGATTA MEETING @ Finish Line tents; please have a representative present; be prepared to submit final line-ups.</p>									



**WIRA Regatta Club Program Eligibility Form**

The intent of the Eligibility rule is to ensure that all student-athletes who compete at the WIRA championships are full time, degree-seeking students who are in good standing at their institution. The standard we use to determine eligibility is the student-athletes’ ability to participate in varsity athletics, or to meet the same approximate standard if a member of a club team.

**Instructions:** Attach to this form a roster of all student athletes who may compete at the WIRA Regatta. A student athlete not listed on this form will not be allowed to race. PLEASE: only one form per club (combined men’s and women’s clubs should use two forms, one for each gender). Please review the roster of student athletes and ensure that each meets the following four standards:

1. The athlete must be enrolled as a full-time student in a degree-seeking program at the certifying institution. (12 units or the institutional equivalent.) The only exception are students in their final term who may take less than a full-time load if it is sufficient to complete their degree during that term.
2. The athlete must be in good academic standing as defined by that institution. If the athlete is on some form of standing or probation that would prohibit their ability to participate in varsity athletics, they may not participate in WIRA.
3. The athlete may only compete for a maximum of four seasons. Participation in any competition, including fall races and scrimmages and joint practices at any time of year, constitutes the use of a season of competition. Although fall competition does not constitute the use of novice eligibility, it does count as a season of competition.
4. The athlete must conform to the five-year rule. All seasons of competition must be completed within five years from the time the athlete first started classes as a full-time student at any two year or four year collegiate institution. The five-year time period begins whether or not the student participates in any sport. Division II and III men’s and women’s crews may utilize the ten semester rule.

The Club’s Head Coach as well as the appropriate institutional officer (i.e., registrar) should sign both **this form** as well as **directly on the roster of athletes** indicating the following:

- We, by signing below and on the attached roster, indicate to the best of our knowledge and from the records available to us that the attached roster of student-athletes meets the criteria listed above and are thus eligible for competition in the WIRA Regatta.

-----  
Head Coach

-----  
Institutional Officer

-----  
Print Name

-----  
Print Name/Title

-----  
Date

-----  
Date



**Constitution of WIRA – Amended on April 24<sup>th</sup>, 2015**

Updated steward information on September 28<sup>th</sup>, 2015.

**Article I – Title**

The name of this organization shall be the Western Intercollegiate Rowing Association, abbreviated WIRA.

**Article II – Purpose**

1. To provide an affiliating organization for the purpose of advancing collegiate rowing in the west.
2. To organize and administer a championship regatta for the benefit of the members of WIRA.

**Article III – Membership**

All members of WIRA must be from the United States Rowing Association Northwest or Southwest regions. Criteria for membership shall include the backing of the rowing program's athletic department, recreation and intramural sport department, or other office authorized to sponsor the rowing program, and the applicant's demonstrated commitment to the sport of intercollegiate rowing. Members of WIRA will be listed as an addendum to this constitution. Rowing programs desiring to become members of WIRA must make application to the Board of Stewards prior to October 1<sup>st</sup>. A majority of the Board of Stewards shall be required to accept a new member. Voting privilege will be awarded upon the beginning of the second year of WIRA membership. Member rowing programs that do not pay their WIRA dues or do not participate in the WIRA Championship will lose their membership. A member rowing program that does not participate in the WIRA Championship may petition the Board of Stewards to retain its membership, but would lose voting privileges at the subsequent annual meeting.

**Article IV – Board of Stewards**

A Board of Stewards shall conduct ongoing management of WIRA. The purpose of the Board of Stewards is to adjust and implement the bylaws (method of conduct of the WIRA Championship) and to assist the local organizing committee in the preparation and execution of the WIRA Championship. The Board of Stewards may not make changes to the constitution. The Board of Stewards will resolve all disputes regarding the conduct of the WIRA Championship and the application of the bylaws.

The Board of Stewards shall consist of representatives from seven different WIRA member rowing programs and must coach at a member program that is the same as the applicable voting constituency. Three Stewards will come from men's member programs, one elected by men's varsity programs, one elected by men's club programs, and one elected as an at-large representative by all men's member programs. Three Stewards will come from women's member programs, one elected by women's Division 1 varsity programs, one elected by women's Division 2/3 programs, and one elected by women's club programs. The final steward position will be an at-large position elected by the entire

membership. One men's representative and one women's representative will be elected each year so that the three-year terms will be staggered. The at-large representative will be elected each year. Members of the Board of Stewards will be elected by the membership at the annual pre-regatta meeting. Their term of service will start following the end of the current year's regatta. Nominations will be accepted from the floor.

The management of the Association shall be vested in the Board of Stewards. The president shall be the representative of WIRA in all outside issues that may affect WIRA interests. Another steward who represents a program of opposite gender from that of the president shall join the president in any outside representation. The stewards shall elect from among themselves a secretary, and an eligibility chairperson and president. Any actions of the president and the Board of Stewards shall be disseminated to the membership in a timely manner. A steward who has to vacate his or her seat before the term of office expires may appoint his or her successor.

#### **Article V – Secretary**

The secretary shall mail information on meetings, including time, location and agenda items, to the membership. The secretary will also take and distribute minutes for all meetings and circulate the coaches' directory.

#### **Article VI – Eligibility Chairperson**

The eligibility chairperson will coordinate issues of eligibility. He/She will gather eligibility information for the WIRA Championship, disseminate information concerning petitions for eligibility and exceptions and waivers, and oversee decisions on issues of eligibility.

#### **Article VII – Voting**

Each member rowing program will have one voting privilege. These voting privileges will be exercised for votes on changes to this constitution. The voting privileges will also be exercised for non-binding indications of preference about the bylaws that will serve as guidance to the stewards. The representative of the member rowing program who exercises the voting privilege shall normally be the head coach of rowing. In all cases, the member rowing program must declare who will exercise the voting privilege prior to the start of any WIRA meeting. Someone other than the head coach of rowing may exercise the voting privilege if so designated in writing by the appropriate authority from the member rowing program's institution (e.g. the director of athletic

## **Article VIII – Proxies**

In the case of a Physical Meeting, the authorized voting representative of a member rowing program may designate a proxy if he or she is not able to attend a WIRA meeting. The proxy may be limited to a specific vote on a particular proposal or proposals, or may be a general proxy. The name of the person who will exercise the proxy and the scope of the proxy must be in writing. The proxy must be signed by the normal authorized voting representative and presented to the secretary prior to the WIRA meeting to which the proxy applies.

## **Article IX – Meetings**

The association will hold an annual meeting. The annual meeting will normally be a pre-regatta meeting and will normally be held on the Friday immediately preceding the WIRA Championship. Special meetings may be called by the Board of Stewards. The Board of Stewards will determine the exact time and location of all meetings. Robert's Rules of Order shall apply at all physical meetings. In order to conduct WIRA business at a meeting, a quorum must be physically present. A quorum is fifty percent of the membership (rounded up to the next whole number) plus one.

## **Article X – Meeting Topics**

All issues concerning WIRA and conduct of the WIRA Championship, including changes to the constitution and bylaws, are eligible for discussion and voting at any meeting. The pre-regatta meeting may not institute any changes in the conduct of that year's regatta. Changes to the decisions of the seeding committee are not allowed (See Article XIII).

## **Article XI – Amendments**

Any changes to this constitution must be approved by two-thirds majority of the voting privileges that are available to be exercised at a WIRA meeting that meets the quorum requirements of Article IX. Any changes to the bylaws must be approved by a majority of the stewards.

## **Article XII – Change of Venue, Date, or Events**

Any changes to the bylaws affecting the venue, date, or events for the WIRA Championship will not take effect until the second WIRA Championship subsequent to the meeting. A change in venue, date, or events for the WIRA Championship immediately following a meeting may be made with the approval of three quarters of the membership.

### **Article XIII – Seeding Committee**

The Board of Stewards will designate a seeding committee. The seeding committee is the final authority on all seeding matters. The seeding committee will solicit input from the membership, including race results and coaches' recommendations for seeding.

While the seeding committee may choose to distribute provisional seedings and solicit feedback, the decisions of the seeding committee are final and not subject to change by the Board of Stewards or the WIRA membership.

### **Article XIV – Rules of Rowing**

The WIRA Championship will abide by the United States Rowing Association (USRA) Rules of Rowing unless otherwise specified in the bylaws. There are some portions of the USRA rules of rowing that are inherently not applicable to the WIRA Championship (e.g. Article VI – Trials Rules).

### **Article XV – Dues**

Failure to pay WIRA dues renders a rowing program ineligible to participate at that year's WIRA Championship.

Membership dues support the ongoing operations of the association, including the cost of membership and stewards meetings, and special event insurance

### **WIRA Board of Stewards:**

**Mike Homes, Steward Club Women– Term expires 2017**

**Colin Truex, Humboldt State University, Steward Division 2/3 Women - Term expires 2016**

**Mike Connors, Sacramento State University, Steward Division 1 Varsity Women – Term expires 2016**

**Sam Taylor, Lewis and Clark, Steward Varsity Men/President – Term expires 2016**

**Leslie Jones, Portland State University, Steward Men's Club –Term expires 2017**

**Jay Farwell, Santa Clara University, Steward for At-Large Men –Term expires 2016**

**John Fuchs, WIRA At-Large Steward – Term expires 2016, position elected annually**

**WIRA Member Rowing Programs:**

Arizona State University, (men and women) California Maritime Academy,  
(men and women)  
California State University, Humboldt (men and women) California State University, Long  
Beach (men and women) California State University, Sacramento (men and women)  
Chapman University (men and women)  
Gonzaga University (men and women) Lewis and Clark College  
(men and women)  
Loyola Marymount University (men and women) Mills College (women)  
Orange Coast College (men and women) Pacific Lutheran University  
(men and women) Portland State (men and women)  
Saint Mary's College (men and women)  
San Diego State University (men and women) Santa Clara University  
(men and women) Seattle Pacific University (men and women) Sonoma  
State University (men and women) Stanford University (Lightweight  
women)  
University of California, Berkeley (lightweight men and lightweight women) University of California, Davis  
(men and women)  
University of California, Irvine (men and women) University of California,  
Los Angeles (men) University of California, San Diego (men and women)  
University of California, Santa Barbara (men and women) University of Oregon, (men and  
women)  
University of Portland (women)  
University of Puget Sound (men and women) University of San Diego (men  
and women) Willamette University (women)  
Washington State University (men and lightweight women) Western Washington  
University (men and women)

**Friday Event Parking:**

**Address: 2300 Mine Shaft Lane, Rancho Cordova Ca 95742**

**Directions from Highway 80:** Heading West from Auburn or East from Sacramento or San Francisco take the Sierra College Blvd. exit (in the City of Rocklin) and turn South on Sierra College Blvd. In about 6 miles Sierra College Blvd. becomes Hazel Ave., continue South through the town of Orangevale and across the American River and Highway 50. Turn Right onto Folsom Blvd. Follow the Special Event Parking Signs to the Mine Shaft Parking Lot on the left hand side of the road.

**Directions from Highway 50:** Heading West from Lake Tahoe or East from Sacramento or San Francisco take the Hazel Ave. (Exit 21). *From the west:* Make a Left off the freeway onto Hazel Ave, cross over Hwy 50 and make a Right on to Folsom Blvd, follow signs to event parking 1.3 miles to the Mine Shaft Parking lot.

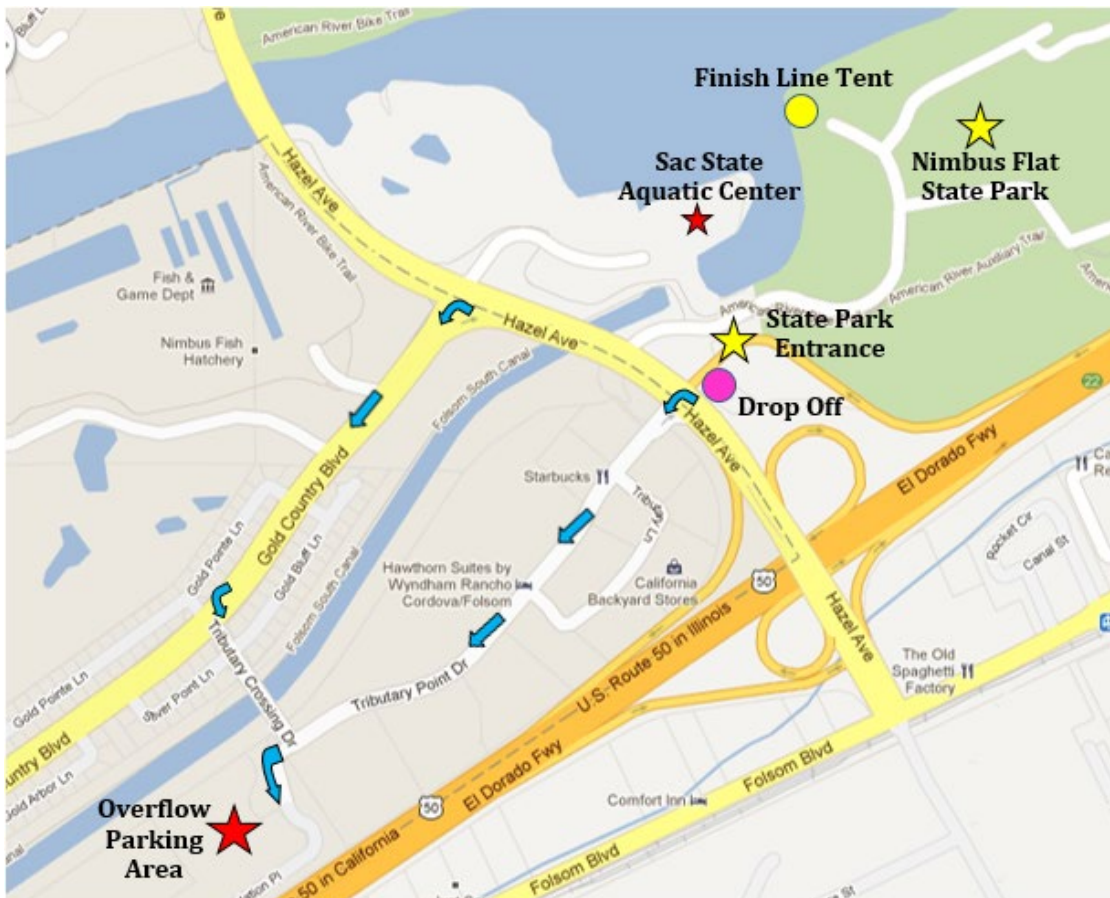
*From the east:* turn Right onto Hazel Avenue and make another Right on to Folsom Blvd, follow signs to event parking 1.3 miles to the Mine Shaft Parking lot.

**Saturday & Sunday Event parking:**

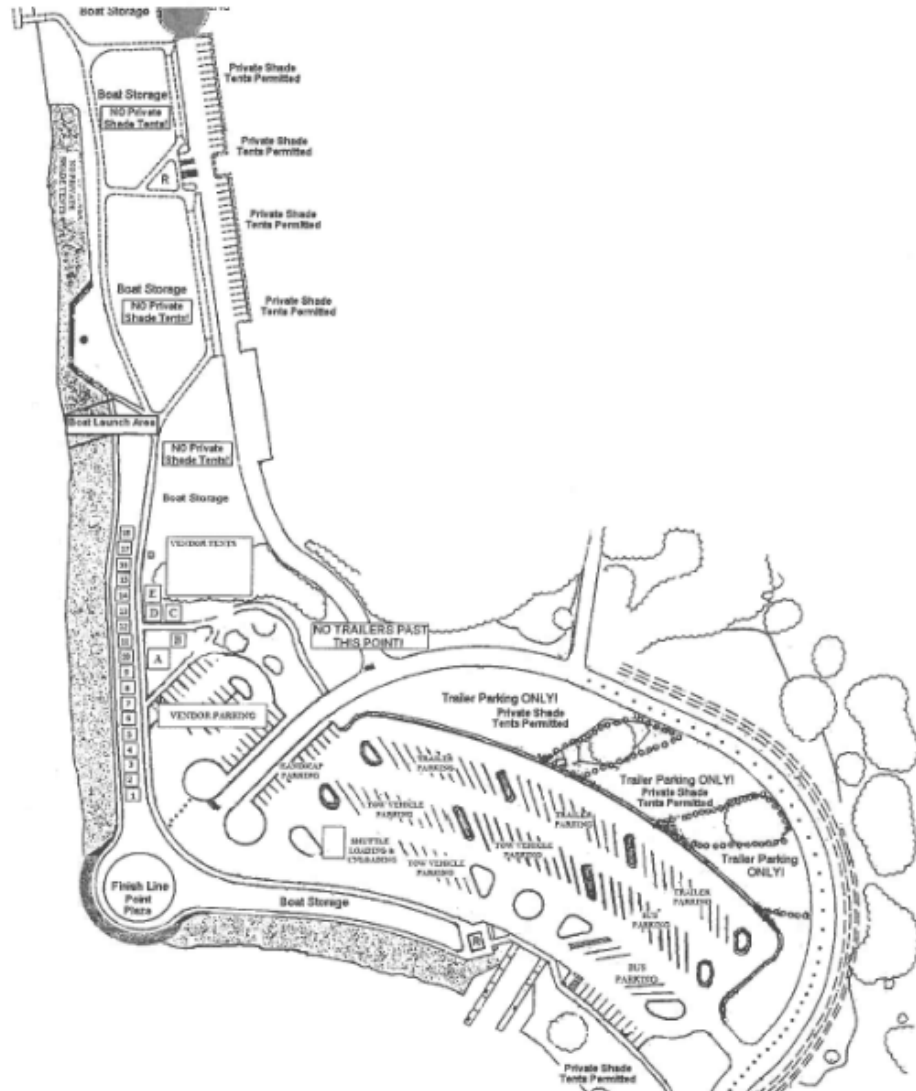
**Address: 12009 Foundation Place, Gold River Ca 95670**

**Directions from Highway 80:** Heading West from Auburn or East from Sacramento or San Francisco take the Sierra College Blvd. exit (in the City of Rocklin) and turn South on Sierra College Blvd. In about 6 miles Sierra College Blvd. becomes Hazel Ave., continue South through the town of Orangevale and finally across the American River. Turn right on Tributary Point Drive, follow signs to Event Parking.

**Directions from Highway 50:** Heading West from Lake Tahoe or East from Sacramento or San Francisco take the Hazel Ave. (Exit 21). *From the west:* go straight off the freeway onto Tributary Point Drive, follow signs to event parking. *From the east:* turn left onto Hazel Avenue, then turn immediate left onto Tributary Point Drive.



APPENDIX F – EVENT OVERVIEW MAP



Helpful Hints for Parking at Aquatic Center Special Events

1. Event parking is located at the end of Tributary Point Drive. Parking is \$10.00. There will be a free shuttle transporting patrons to the finish line at the Nimbus Flat State Park. The shuttle will run in 20 min intervals. Look for the shuttle pick up/drop off area located in front of the Hartford & Health Net Buildings.

\*\* Directions to Parking \*\*

From HWY 50

- Exit Hazel Ave
- Left on to Hazel
- Left on to Tributary Point Drive follow signs to parking

From HWY 50 East

- Exit Hazel Ave
- Stay straight onto Tributary Point Drive

