



SACRAMENTO
STATE

COVID-19 Safety Training

Returning to Campus

Redefine the Possible™

Injury and Illness Prevention Program

- COVID-19 is a recognized hazard in the workplace
- All employees working on campus will complete this training to assure awareness of this hazard and how to reduce their risk of exposure

Injury and Illness Prevention Program

- Administration has developed a campus-wide COVID-19 Safety Plan
- Each department, office or shop will develop COVID Safety Protocols for their specific work locations
- EHS will approve all protocols

LEARNING OBJECTIVES

After this training you should be knowledgeable in the following areas:

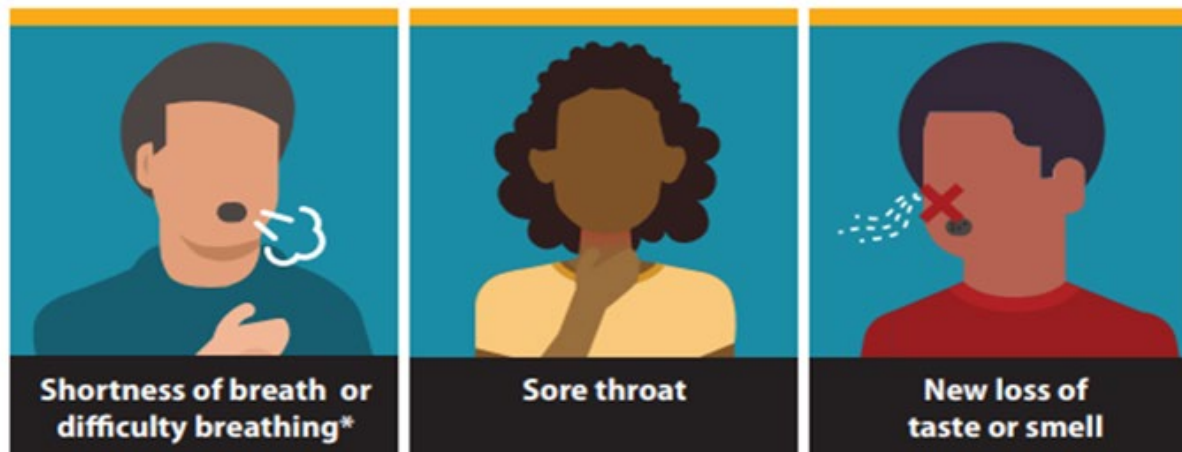
- What is COVID-19
- The symptoms associated with COVID-19
- How COVID-19 is spread
- Ways you can protect yourself and others,
- Actions the University has taken to protect the campus community, and
- Your responsibilities when on campus.

Understanding COVID-19

[Click for video](#)
[Click CC for captioning](#)

ALL EMPLOYEES WILL SELF-SCREEN FOR SYMPTOMS OF COVID-19 BEFORE COMING TO WORK

Know the symptoms of COVID-19, which can include the following:



WHAT TO DO IF YOU HAVE SYMPTOMS

If you have symptoms of COVID-19:

- Do not report to work
- Inform your appropriate administrator that you are sick
- Contact your medical provider for advice
- If you become symptomatic during the day inform your appropriate administrator and contact medical provider

WHAT TO DO IF YOU TEST POSITIVE

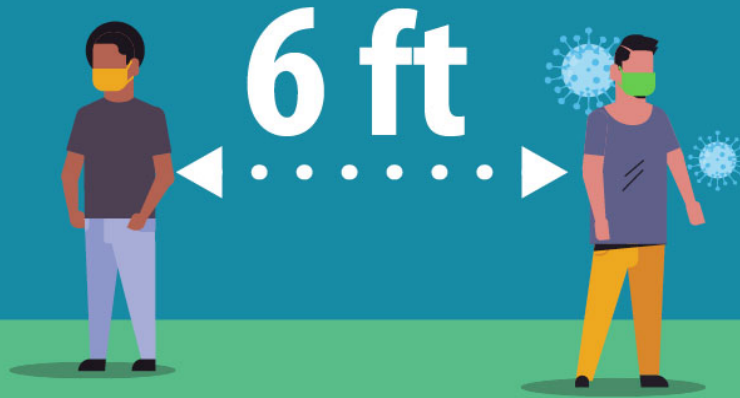
- If you test positive for COVID-19, follow your physician's instructions
- Inform Benefits Service Office for possible leave options

Practice Social Distancing

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Stay at least 6 feet (about 2 arms' length)
from other people.



cdc.gov/coronavirus

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[Click here for a demonstration of
how social distancing works](#)

Use of Face Coverings

- The California Department of Public Health requires the use of face coverings inside all public buildings (effective date: 6/18/20, [Guidance for Face Coverings PDF](#))
- Employees working outdoors are also required to wear face coverings whenever 6 feet physical distancing is not possible
 - Example
 - Not required in private office or cubicle
 - Required when leaving private space



Face Coverings

- Campus Environmental Health and Safety (EHS) department will provide face coverings to employees.
 - Contact EHS at 278-2020 if needed
 - All employees are welcome to use their own
- Employees who can not wear a face covering and require an accommodation (i.e., medical or religious obligation) should inform the Benefits Services Office and their appropriate administrator.



Use of face coverings

[Click for video](#)

[Click CC for captioning](#)

Use Gloves Properly

- Only use for specific tasks as recommended by EHS
 - Examples:
 - Cleaning/disinfecting
 - Frequent handling of materials touched by others
- Not a substitute for handwashing
- Gloves will become contaminated and can contaminate other surfaces

Practice Glove Safety

- Use non-latex, powder free gloves
- Wash hands after use
- Avoid cross contamination when removing gloves
- Never touch your face or body with gloved hands

Remove Gloves Safely

[Click for video](#)

[Click CC for captioning](#)

Hand Sanitizer

- Hand sanitizer will be provided in individual spray bottles and throughout campus
 - Sanitizer provided will contain at least 60% ethyl alcohol as required for disinfection
 - Read and follow the instructions and warnings on the container label
 - Bottles are refillable, please contact EHS for replacement



NuRinse Hand Sanitizer

Use: Spray several times front and back of hands, rub surface of hands together to distribute. Allow to air dry.

Warning



Active Ingredients: 80% Ethanol

Flammable liquid and vapor. Keep away from heat and flames. Avoid contact with eyes. Causes eye irritation. Wear eye protection or face protection if risk of splashing. IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing. If eye irritation persists: Get medical advice/attention. In case of fire: Use CO₂, powder spray, or water spray for extinction. Store in a well-ventilated place. Keep cool. Dispose of contents/container to EHS x82020 or rms@csus.edu.

NuGeneration Technologies, LLC
1155 Park Ave. Emeryville, CA 94608
1-707-820-4080

4 ounces



**SACRAMENTO
STATE**
Employee use only.

Do not throw away.
Contact EHS
for refill or disposal.
82020 or rms@csus.edu



Safety Data Sheet



**SACRAMENTO
STATE**

Use Cleaning/Disinfecting Products Safely

- Do not purchase concentrated cleaner
- EHS will provide diluted cleaning/disinfecting products and safety equipment as needed
- Call 916-278-2020 for assistance
- Read and follow all product labels
- **NEVER** mix products

Surface Disinfecting Solutions



- Surface sprays provided are EPA listed for effectiveness against COVID-19
- A safety data sheet (SDS) will be provided with each container and safety information printed on the label.
- All disinfecting solutions provided are irritating to the skin.
 - Wear nitrile gloves
 - Spray away from yourself onto paper towel and wipe on surface
 - Wash hands thoroughly after removing gloves.

Steps for Safe & Effective Disinfectant Use

- Read the directions
 - Wear nitrile gloves provided
 - Spray away from yourself onto paper towel and wipe on surface
 - Wash hands thoroughly after removing gloves
- Ensure surface remains wet for contact time identified on the label



Campus Authority Structure For COVID-19 To Protect The Campus Community

- Administration
 - Approve the start of all campus activities
 - Approve Campus-wide COVID-19 Safety Plan
- Student Health and Counseling Services
 - Campus Health Liaison to Sacramento County Public Health.
 - Resource for employee COVID related questions
 - Contact SHCS at 916-278-6461

Campus Authority Structure For COVID-19 To Protect The Campus Community

- Managers/Appropriate Administrators
 - Develop location specific safety protocols with assistance from EHS
 - Instruct employees on the contents of the protocol and monitor compliance

Campus Authority Structure For COVID-19 To Protect The Campus Community

- EHS
 - Assist departments in workplace specific COVID-19 safety protocols
 - **Provide COVID-related protective equipment, cleaning and disinfecting supplies**
- Staff and Faculty
 - Follow all campus polices and work plans designed to reduce infection

COVID-19 Resources

- SACRAMENTO STATE COVID-19 Safety Plan
- Sacramento County, <https://www.saccounty.net/COVID-19/Pages/default.aspx>
- Centers for Disease Prevention and Control, <https://www.CDC.gov/COVID-19>

QUESTIONS

Contact EHS at 278-2020

rms@csus.edu

Or your supervisor